

Northeast Hospital Corporation Community Resource List

Community Benefits Service Area includes: Amesbury, Beverly, Burlington, Danvers, Essex, Gloucester, Ipswich, Lynn, Manchester, Newburyport and Rockport

Health Issue	Organization	Brief Description	Address	Phone	Website
Statewide Resources	Department of Mental Health-Handhold program	Provides tips, tools, and resources to help families navigate children's mental health journey.		833.773.2445	www.handholdma.org
	Executive Office of Aging & Independence	Provides access to the resources for older adults to live healthy in every community in the Commonwealth.	1 Ashburton Place 10th Floor Boston	617.727.7750	www.mass.gov/orgs/executive-office-of-aging-independence
	Mass 211	Available 24 hours a day, 7 days a week, Mass 211 is an easy way to find or give help in your community.		211 or 877.211.6277	www.mass211.org
	Massachusetts Behavioral Health Help Line	Available 24 hours a day, 7 days a week, connects individuals and families to the full range of treatment services for mental health and substance use.		833.773.2445	www.masshelpline.com
	Massachusetts Elder Abuse Hotline	Hotline is available 24 hours a day or by phone. Older adult abuse includes: physical, sexual, and emotional abuse, caretaker neglect, financial exploitation and self-neglect. Elder Protective Services can only investigate cases of abuse where the person is age 60 and over and lives in the community.	1 Ashburton Place 10th Floor Boston	800.922.2275	www.mass.gov/orgs/executive-office-of-aging-independence
	Women, Infants and Children (WIC) Nutrition Program	Provides free nutrition, health education and other services to families who qualify.		800.942.1007	www.mass.gov/orgs/women-infants-children-nutrition-program?
	MassOptions	Provides connection to services for older adults and persons with disabilities.		800.243.4636	www.massoptions.org
	Massachusetts Behavioral Health Help Line (BHHL) Treatment Connection	Provides a searchable directory of over 5,000 Behavioral Health service providers in Massachusetts.		833.773.2445	www.masshelpline.com/MABHHLTreatmentConnectionResourceDirectory
	Massachusetts Substance Use Helpline	24/7 Free and confidential public resource for substance use treatment, recovery, and problem gambling services.		800.327.5050	www.helplinema.org
	National Suicide Prevention Lifeline	Provides 24/7, free and confidential support.		988	www.988lifeline.org
	Project Bread Foodsource Hotline	Provides information about food resources in the community and assistance with SNAP applications by phone.		1.800.645.8333	www.projectbread.org/foodsource-hotline
	SafeLink	Massachusetts' statewide 24/7 toll-free domestic violence hotline and a resource for anyone affected by domestic or dating violence.		877.785.2020	www.casamyrna.org/get-support/safelink
	SAMHSA's National Helpline	Provides a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families in need of mental health resources and/or information for those with substance use disorders.		800.662.HELP (4357)	www.samhsa.gov/find-help/helplines/national-helpline
	Supplemental Nutritional Assistance Program (SNAP)	Provides nutrition benefits to individuals and families to help subsidize food costs.		877.382.2363	www.mass.gov/snap-benefits-formerly-food-stamps?
	Veteran Crisis Hotline	Free, every day, 24/7 confidential support for Veterans and their families who may be experiencing challenges.		988	www.veteranscrisisline.net
Domestic Violence	Healing Abuse Working for Change	Provides support in Survivor Services, including advocacy, counseling, legal assistance, support groups and 24/7 Confidential Hotline.	27 Congress St Ste 204 Salem	978.744.8552 24/7 Hotline 800-547-1649	hawcdv.org
	Jeanne Geiger Crisis Center	Provides support in Survivor Services, including advocacy, counseling, legal assistance, support groups and 24/7 Confidential Hotline.	2 Harris St Newburyport	978.465.0999 24/7 Confidential Hotline is available at 978.388.1888	www.jeannegeigercrisiscenter.org

Food Assistance	Saheli	Offers non-judgmental culturally sensitive services for domestic and sexual violence survivors from South Asia and the Middle East.	PO Box 1345 Burlington	866.472.4354	www.saheliboston.org
	Acord Food Pantry	Provides food assistance to residents of Essex, Hamilton, Ipswich, Manchester, Topsfield and Wenham.	69 Willow St South Hamilton	978.468.7424	www.acordfoodpantry.org
	Action Inc.	Offers emergency SNAP assistance and help applying for food assistance benefits.	370 Main St Gloucester	978.282.1000	www.actioninc.org
	Beverly Bootstraps	Offer emergency and long-term assistance including: access to food, housing stability, adult and youth programs, education, counseling and advocacy.	35 Park St Beverly	978.927.1561	www.beverlybootstraps.org
	Community Action, Inc.	Provides food assistance to residents of Amesbury, Merrimac, Salisbury, Newburyport, Newbury and West Newbury.	44A Friend St Amesbury	978.388.2570	www.communityactioninc.org/cai-amesbury-center/
	Danvers People to People Food Pantry	Provides food assistance to residents of Danvers.	12 Sylvan St Danvers	978.739.4188	www.danverscommunitycouncil.com/danvers-people-to-people-food-pantry
	MA Women, Infants and Children (WIC) Nutrition Program	Provides free nutrition, health education and other services to families who qualify.		800.942.1007	www.mass.gov/orgs/women-infants-children-nutrition-program?
	My Brother's Table	Provides food assistance to residents of Lynn.	98 Willow St Lynn	781.595.3224	www.mybrotherstable.org
	Open Door-Gloucester Food Pantry	Provides food assistance to residents of Gloucester, Rockport, Ipswich, Manchester, and Essex.	28 Emerson Ave Gloucester	978.283.6776	www.foodpantry.org
	Open Door-Ipswich Community Food Pantry	Provides food assistance to residents of Topsfield, Rowley, Ipswich, Boxford, Hamilton, and Wenham.	00 Southern Heights Ipswich	978.283.6776	www.foodpantry.org
	Our Neighbors' Table	Provides food assistance to residents of Amesbury, Boxford, Byfield, Georgetown, Groveland, Merrimac, Newbury, Newburyport, Rowley, Salisbury, and West Newbury.	P.O. Box 592 Amesbury	978.388.1907	www.ourneighborstable.org
	People Helping People Food Pantry	Provides food assistance to Burlington residents.	21-23 Murray Ave Burlington	781.270.6625	www.peoplehelpingpeopleinc.org
	Project Bread Foodsource Hotline	Provides information about resources in your community as well as assist with SNAP applications over the phone.		800.645.8333	www.projectbread.org/foodsource-hotline
	Supplemental Nutritional Assistance Program (SNAP)	Provides nutrition benefits to individuals and families to help subsidize food costs.		877.382.2363	www.mass.gov/snap-benefits-formerly-food-stamps?
	St. Stephen's Food Pantry	Provides food assistance to residents of Lynn.	74 South Common St Lynn	781.599.4220	www.ststephenslynn.org/food-pantry
	Action Inc. – Emergency Homeless Shelter	Temporary shelter providing advocacy, emergency food and clothing for persons who are unhoused.	370 Main St Gloucester	978.282.1000	www.actioninc.org/client-housing-services/emergency-shelter
	Amesbury Housing Authority	Provides affordable, subsidized rental housing for low-resource individuals and families, older adults and persons with disabilities.	180 Main St Amesbury	978.388.2022	www.amesburyha.com
	Beverly Housing Authority	Provides housing assistance programs to low-resource individuals and families.	137R Bridge St Beverly	978.922.3100	www.beverlyhousing.net
	Burlington Housing Authority	Provides affordable, subsidized rental housing for low-resource individuals and families.	15 Birchcrest St Burlington	781.272.7786	www.burlington.org/572/burlington-housing-authority
	Community Action, Inc.	Provides social service programs and housing resource assistance.	3 Washington Square Haverhill	978.373.1971	www.communityactioninc.org
	Danvers Housing Authority	Provides affordable, subsidized rental housing for low-resource individuals and families.	14 Stone St Danvers	978.777.0909	www.danvershousing.org
	Essex Housing Authority	Provides affordable, subsidized rental housing for low-resource older adults and persons with disabilities.	Chebacco Terrace Essex	978.768.6821	www.essexha.org
	Family Promise North Shore Boston	Provides shelter, meals, job support and case management for people without housing.	35 Conant St Beverly	978.922.0787	www.familypromisensb.org
	Gloucester Housing Authority	Provides affordable, subsidized rental housing for residents of Gloucester.	259 Washington St Gloucester	978.281.4770	www.ghama.com

Housing Support	The Grace Center	Offers a safe, free day resource center for individuals without housing, older adults, people with disabilities by connecting them to critical services, including transportation, health screenings, showers, food, and legal services.	264 Main St Gloucester	978.675.6240	www.lifebridgenorthshore.org/gracecenter
	Harborlight Community Partners	Provides information and resources for low and moderate resource families and individuals.	600 Cummings Center Ste 270X Beverly	978.922.1305	www.harborlightcp.org
	The Haven Project	Provides direct services to youth aged 17-24 without housing.	57 Munroe St Lynn	781.913.5738	www.havenproject.net
	Ipswich Housing Authority	Provides affordable, subsidized rental housing for low-resource older adults and persons with disabilities.	1 Agawam Village Ipswich	978.356.2860	www.ipswichhousingauthority.com
	Lynn Housing Authority	Provides affordable, subsidized rental housing for low-resource individuals and families.	10 Church St Lynn	781.581.8600	www.lhand.org
	Lynn Shelter Association	Temporary shelter providing services for persons who are unhoused.	181 Union St LL102 Lynn	781.581.0739	www.lsahome.org
	Manchester Housing Authority	Provides affordable, subsidized rental housing for low-resource families, older adults and persons with disabilities.	7 Office The Plains Manchester	978.526.1850	www.manchestermaha.org
	Newburyport Housing Authority	Provides affordable, subsidized rental housing for low-resource individuals and families.	25 Temple St Newburyport	978.465.7216	www.nhahousing.com
	River House, Inc.	Provides emergency-shelter services for individuals without housing in the greater Beverly and North Shore area.	56 River St Beverly	978.921.1304	www.lifebridgenorthshore.org/locations/river-house
	Rockport Housing Authority	Provides affordable, subsidized rental housing for low-resource families.	13 Millbrook Park Rockport	978.546.3181	www.rockportma.gov/519/Housing-Authority
	Wellspring House Inc.	Provides services and programs that assist with families and individuals, finances, education and job training.	302 Essex Ave Gloucester	978.281.3558	www.wellspringhouse.org
	YWCA of Newburyport	Provides safe, affordable and supportive child care and youth development, housing and wellness opportunities.	13 Market St Newburyport	978.465.9922	www.ywcaneburyport.org
Mental Health and Substance Use					
	Advocates-Outpatient Counseling Clinic	Provides evidence-based, best practice therapies for individuals and families.	200 Corporate Place Ste. 6A Peabody	978.927.9410	www.advocates.org
	Beth Israel Lahey Health (BILH) Behavioral Services	Provides high-quality mental health and addiction treatment for children and adults ranging from inpatient to community-based services.		978.968.1700	www.bilhbehavioral.org
	Danvers Treatment Center	Offers medication-assisted treatment and counseling for adults with substance use disorders by offering 3 types of medication-assisted treatments.	111 Middleton Rd Danvers	978.777.2121	www.bilhbehavioral.org
	Eliot Community Behavioral Health Centers	Provides substance use and mental health treatment programs including urgent and emergency services, crisis stabilization, individual and family therapy services and care coordination for youth, families and adults.	75 Sylvan St Bldg C Danvers	888.769.5201	www.eliotchs.org/cbhc/
	Eliot Community Behavioral Health Centers	Provides substance use and mental health treatment programs including urgent and emergency services, crisis stabilization, individual and family therapy services and care coordination for youth, families and adults.	95 Pleasant St Lynn	800.988.1111	www.eliotchs.org/cbhc/
	Eliot Community Human Services	Provides services for people of all ages throughout Massachusetts through a continuum of services includes diagnostic evaluation, 24-hour emergency services, and crisis stabilization, outpatient and court-mandated substance-use prevention services; individual, group and family outpatient counseling, early intervention, specialized psychological testing; day, residential, social and vocational programs for individuals with developmental disabilities, outreach and support services for people experiencing homelessness.	125 Hartwell Ave Lexington	781.861.0890	www.eliotchs.org

Senior Services	Link House, Inc.	Provides residential programs in Salisbury, Newburyport, and Amesbury for men and women who struggle with substance use disorders.	110 Haverhill Rd Amesbury	978.462.0787	www.linkhouseinc.org
	North Shore Counseling Center (NSCC)	Provides evidence-based, best practice therapies for individuals, couples, and families.	100 Cummings Center Ste 307E Beverly	978.922.2280	www.nssc-inc.com
	North Shore Veterans Counseling Services Inc.	Provides counseling services to Veterans.	45 Broadway St Beverly	978.921.4851	www.northshoreveterans.com
	Ryan House	Provides treatment focused halfway house for those seeking recovery from substance abuse disorders and co-occurring disorders for adult men and women.	110 Green St Lynn	781.593.9434	www.bilhbehavioral.org
	Triumph Center	Provides counseling, social skills groups, summer programming and psychological evaluation services for children, adolescents, young adults and families, as well as consultation and evaluations for schools and other institutions.	100 Cummings Center Ste 207L Beverly	781.942.9277	www.triumphcenter.net
	AgeSpan	Provides programs and services which are available and accessible to meet the diverse needs and changing lifestyles of older adults.	300 Rosewood Dr Ste 200 Danvers	978.683.7747	www.agespan.org
	Amesbury Council on Aging	Provides services for older adults in Amesbury including fitness, education, social services, and recreation.	68 Elm St Amesbury	978.388.8138	www.amesburyma.gov/323/Council-on-Aging
	Beverly Council on Aging	Provides services for older adults in Beverly including fitness, education, social services, recreation, and transportation.	90 Colon St Beverly	978.921.6017	www.beverlyma.gov/172/Council-on-Aging
	Burlington Council on Aging	Provides services for older adults in Burlington including fitness, education, social services, recreation, and transportation.	61 Center St Burlington	781.270.1950	www.burlington.org/509/council-on-aging
	Danvers Council on Aging	Provides services for older adults in Danvers including fitness, education, social services, recreation, and transportation.	25 Stone St Danvers	978.762.0208	www.danversma.gov/434/Senior-Social-Services
	Essex Council on Aging	Provides services for older adults in Essex including fitness, education, social services, recreation, and transportation.	17 Pickering St Essex	978.768.7932	www.essexma.gov/essex-senior-center-council-aging
	Gloucester Council on Aging	Provides services for older adults in Gloucester including fitness, education, social services, recreation, and transportation.	6 Manuel F. Lewis St Gloucester	978.325.5800	www.gloucester-ma.gov/291/Council-on-Aging
	Greater Lynn Senior Services	Provides a broad range of services, including: information and referral; home care services; nutrition programs; transportation assistance; housing supports; clinical and protective services; programs designed to promote consumer engagement and better health and well-being.	8 Silsbee St Lynn	781.599.0110	www.glss.net
	Ipswich Council on Aging	Provides services for older adults in Ipswich including fitness, education, social services, recreation, and transportation.	25 Green St Ipswich	978.356.6650	www.ipswichma.gov/335/Council-on-Aging
	Manchester-by-the-Sea Council on Aging	Provides services for older adults in Manchester including fitness, education, social services, recreation, and transportation.	10 Central St Manchester	978.526.7500	www.manchester.ma.us/371/Council-On-Aging
	Newburyport Council on Aging	Provides services for older adults in Newburyport including fitness, education, social services, and recreation.	331 High St Newburyport	978.462.0430	www.cityofnewburyport.com/council-on-aging
	Rockport Council on Aging	Provides services for older adults in Rockport including fitness, education, social services, recreation, and transportation.	58 Broadway Rockport	978.546.2573	www.rockportma.gov/459/Council-on-Aging
	SeniorCare	Provide supportive services for older adults.	49 Blackburn Center Gloucester	978.281.1750	www.seniorcareinc.org

Transportation	Cape Ann Transportation Authority (CATA)	Provides public transportation to the Cape Ann area, which includes Gloucester, Essex, Ipswich and Rockport.	3 Pond Rd Gloucester	978.283.1886	www.cantran.com
	MBTA Commuter Rail Service	Provides service to the Cape Ann region.			www.mbta.com
	The Ride (MBTA)	Provides a 365 days a year door-to-door, shared-ride transportation to persons who are unable to use bus, subway or trolley transportation.		617.222.3200	www.mbta.com/accessibility/the-ride
	Boys & Girls Club of Lynn	Offers programs in Five Core Program Areas: The Arts, Health & Life Skills, Character & Leadership Development, Education & Career Development and Sports, Fitness and Recreation.	25 North Common St Lynn	781.593.1772	www.bgcl.org
	Cape Ann YMCA	Offers a wide range of youth development programs, healthy living and fitness classes, and social responsibility outreach opportunities.	7 Gloucester Crossing Rd Gloucester	978.283.0470	www.northshoremca.org
	Danvers Community YMCA	Offers a wide range of youth development programs, healthy living and fitness classes, and social responsibility outreach opportunities.	34 Pickering St Danvers	978.774.2055	www.danversymca.org
	Demakes Family YMCA	Offers a wide range of youth development programs, healthy living and fitness classes, and social responsibility outreach opportunities.	40 Neptune Blvd Lynn	781.842.8811	www.ymcametronorth.org/locations/lynn-ymca
Additional Resources	Girls Incorporated of Lynn	Provides programs and experiences that advocates on behalf of girls.	50 High St Lynn	781.592.9744	www.girlsinlynn.org
	Greater Beverly YMCA	Offers a wide range of youth development programs, healthy living and fitness classes, and social responsibility outreach opportunities.	254 Essex St Beverly	978.927.6855	www.northshoremca.org
	Ipswich Family YMCA	Offers a wide range of youth development programs, healthy living and fitness classes, and social responsibility outreach opportunities.	110 County Rd Ipswich	978.356.9622	www.northshoremca.org
	Pathways for Children-Beverly office	Provides programming for children from birth to 13; robust social support services for families throughout Essex County; and professional development initiatives designed to inspire the next generation of teachers and youth/family services workers.	292 Cabot St Beverly	978.236.4101	www.pw4c.org
	Pathways for Children-Gloucester office	Provides programming for children from birth to 13; robust social support services for families throughout Essex County; and professional development initiatives designed to inspire the next generation of teachers and youth/family services workers.	29 Emerson Ave Gloucester	978.281.2400	www.pw4c.org
	Pathways for Children-Salem office	Provides programming for children from birth to 13; robust social support services for families throughout Essex County; and professional development initiatives designed to inspire the next generation of teachers and youth/family services workers.	79 Willson St Salem	978.515.5400	www.pw4c.org